



GYMNASIUM SCHEDULE
Gym @ Fayette County Family YMCA
 December 17th - January 14th

P.O. Box 1021
 WASHINGTON COURT
 HOUSE, OH 43160
 (740) 335-0477

	MON	TUE	WED	THU	FRI	SAT	SUN
8am							Renew Church 8am - 1pm
9am		Pickleball 9:30am - 11:30am		Pickleball 9:30am - 11:30am		Kids Caveman 9am - 10am	
	Basketball Holiday Camp Will Take Place December 26-29					Adult Caveman 9am - 9:50am	
10am	Basketball Holiday Camp 10am - 1:30pm	Basketball Holiday Camp 10am - 1:30pm	Basketball Holiday Camp 10am - 1:30pm	Basketball Holiday Camp 10am - 1:30pm	Basketball Holiday Camp 10am - 1:30pm		
3pm	SACC 1/2 Gym 3:30pm - 5pm	SACC 1/2 Gym 3:30pm - 5pm	SACC 1/2 Gym 3:30pm - 5pm	SACC 1/2 Gym 3:30pm - 5pm	SACC 1/2 Gym 3:30pm - 5pm		
4pm	Speed and Agility Training 1/2 Gym 4:30pm - 5:20pm		Speed and Agility Training 1/2 Gym 4:30pm - 5:20pm				
5pm		Basketball Academy 1/2 Gym 5:45pm - 7:15pm		Sunz Out Gunz Out 1/2 Gym 5:25pm - 5:55pm			
6pm			Hardcore Hallway 1/2 Gym 6:30pm - 7:30pm	MET-CON 1/2 Gym 6pm - 6:50pm			
7pm	MET-CON 1/2 Gym 7pm - 7:50pm						

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.