

Informed Consent and Release

I do acknowledge the risk of injury that is possible during sports and fitness programs and I assume all risks and hazards to such participation including transportation to and from activities. I waive, release, absolve, indemnify and agree to hold harmless the YMCA, organizers, supervisors, officers, directors, coaches, participants and referees. I do acknowledge the risk of injury is possible.

Late policy

Participants are responsible for arriving on time to their sessions. YMCA staff is obligated to wait 15 minutes after the session start time. After 15 minutes the session will be forfeited and is non-refundable.

Cancellation Policy

Participants are asked to call 24 hours in advance of the scheduled session to confirm the cancellation with his/her trainer. Failure to cancel will result in session forfeited and is non refundable.

Signature

____/____/____
Date

Relationship if under 18

____/____/____
Date



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

**Fayette County
Family YMCA**

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Washington Court
House, Ohio, 43160**

**Phone: 740-335-0477
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**PRIVATE
SWIM
LESSONS**



PRIVATE SWIM LESSONS

The YMCA has been teaching people to swim for more than a century. In YMCA aquatics programs, children & adults learn to be safe around water and they feel the sense of accomplishment that comes with learning something new.

For **children** it gives them the opportunity to build a relationship with the instructor. Great for kids who need individualized instruction and constant feedback. Allows for flexible scheduling.

For **adults** this is a way to achieve the swimming goals you set for yourself quicker. It allows you to be able to ask questions you may not want to ask in a group setting



With a Private Swim Instructor, you will:

- Achieve optimal results via appropriate drills and activities
- Receive instruction on proper swimming technique and progress.
- Receive positive encouragement, motivation and accountability
- Obtain the latest aquatic and swimming information

Private Swim Lesson Fee

*Sessions are 30 minutes

Sessions	Members	Non-members
3	\$60.00	\$95.00
10	\$180.00	\$300.00

Private Swim Lesson Registration Form

Name: _____

Parent/Guardian: _____

Age: ____ Gender: Male or Female

Member: ____ Non-member: ____

Phone () _____ - _____

Package: Circle one: 3 Lessons, 10 Lessons

Desired Start Date _____

Weekly Availability

What days and times are you available?

Which of the following goals do you have?

___ Gain confidence in the water

___ Learning the basic mechanics

___ Improvement for Group Swim Lessons

___ Stroke Development

___ Improvement for Competitive Swim

___ Other : _____

Do you have any health issues that could be possibly affected by exercise? Yes or No

If yes, explain: _____

